

## Underwater Self-Portraits

Talk about what it looks and feels like to swim underwater in a pool and show some photos of other children swimming in a pool. The students then draw themselves using oil pastels. Talk about proportion of head size to bod and all the body parts like arms, legs and fingers. Goggles are fun to include too!



To achieve an underwater look, scrunch up the drawings and flatten them out again to create ripples in the paper. Blue liquid water sprinkled with salt makes an interesting background. Plastic bottle lids can be used to stamp blue and white circles on a piece of blue card for a bubbly picture frame.

